

SERVED MONDAY-SUNDAY 8AM-12PM

## breakfast

<b>Full English Breakfast</b> <i>Cumberland sausage, bacon, grilled tomato, mushroom, fried egg, beans, hash browns &amp; toast</i>	10.00
<b>Veggie Breakfast</b> <i>veggie sausages, tomato, mushroom, fried egg, beans, sautéed potatoes &amp; toast (V) (GFA)</i>	9.00
<b>Steak &amp; Eggs</b> <i>6oz minute steak, fried eggs, sautéed potatoes &amp; grilled tomato</i>	10.00
<b>Baked Shakshuka</b> <i>tomato, peppers, eggs served with pitta bread (V)</i>	8.00
<b>Egg Florentine</b> <i>served on an English muffin</i>	6.50
<b>Egg Benedict</b> <i>served on an English muffin</i>	6.50
<b>Omelette</b> <i>please choose 3 fillings from: tomato, bacon, red onion, mushroom, spinach, smoked salmon &amp; cheese</i>	7.00

## sandwiches

Served on white or wholemeal bloomer bread (Gluten Free bread is available).

<b>Sausage Sandwich</b>	6.00
<b>Bacon Sandwich</b>	6.00
<b>Veggie Sausage Sandwich (V)</b>	6.00
<b>Add Fried Egg and/or Mushroom</b>	1.00 ea

## on toast

<b>Smashed Avocado, Sea Salt, Pepper, Diced Tomato &amp; Onion</b>	5.50
<b>Avocado, Bacon &amp; Poached Eggs</b>	6.00
<b>Mushroom, Spinach &amp; Fried Eggs</b>	6.00
<b>Smoked Salmon &amp; Scrambled Eggs</b>	6.50
<b>Baked Beans</b>	5.00

## fresh juices

<b>Ginger Zinger</b> <i>carrots, apples, ginger &amp; lemon</i>	4.00
<b>Beetroot Blast</b> <i>apple, carrots, celery, kale, spinach, raw beetroot &amp; ginger</i>	4.00
<b>Winter Sun</b> <i>pineapple, pink grapefruit, ginger topped with sparkling water</i>	3.50
<b>Cool as Cucumber</b> <i>apple, pear, parsnip, cucumber, mint &amp; lime</i>	3.50

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Please inform your server of any dietary requirement or allergies when ordering. Our food is prepared in an environment that contains traces of peanuts, nuts, fish, shellfish and any other allergens. (V): Vegetarian (Ve): Vegan (GF): Gluten Free (GFA): Gluten Free Option Available.